

# North Pacific Pediatric Society

## *180th Scientific Conference*

### *Pediatric Horizons – Then & Now*

**March 12-14, 2010**

Bell Harbor International Conference Center  
Seattle, Washington



# Pediatric Horizons – Then & Now

**T**HE NPPS 180TH SCIENTIFIC CONFERENCE features a stellar Seattle waterfront location and superb speakers continuing our tradition of high-quality CME, presenting current advances practical to primary care pediatricians with perspectives that highlight how far we have come as a specialty and a society. During our three-day event, NPPS will demonstrate what makes our organization distinct among medical societies, blending a passion for camaraderie, education, exploration and enjoyment which transcends the typical CME program and creates a memorable and transformative experience which is the reason why our members return for years and decades.

Four keynote speakers will deliver presentations that will expand our horizons as they take us to places that intersect with pediatrics to reflect on greater questions about the nature of care giving and how it is profoundly influenced by art, families, stories and society which in turn color our beliefs and perceptions. Spouses and partners are invited to this Keynote series and their associated dining arrangements woven throughout the weekend to nourish mind, body and spirit. Our hope is to create an environment that is educational and social at many levels representing the strengths of our profession of pediatrics — then, now and into the future.

## North Pacific Pediatric Society | *The Health of Children is Our Greatest Concern*

### EXECUTIVE COMMITTEE

**James Chattra, MD** ~ President  
**Keyvan Hadad, MD** ~ Immediate Past President  
**Luanne Nielson, MD** ~ Vice President  
**Ed Joneschild, MD** ~ Executive Director  
**Kristan Collins, MD** ~ Program Planning Committee  
**Mike Krebs, MD** ~ Program Planning Committee  
**Jeannie Larsen, MD** ~ Social Chairperson

### INTENDED AUDIENCE

Pediatric physicians, family practice physicians, and other health care professionals who work with children.

### FEATURED FACULTY

**Sterling K. Clarren, MD, FAAP**  
CEO & Scientific Director  
Canada NW FASD Research Network  
Clinical Professor, Pediatrics  
University of British Columbia  
University of Washington

**Michael J. Goldberg, MD**  
Professor, Orthopedics  
Director, Skeletal Health Program  
University of Washington  
Seattle Children's Hospital

**Judith G. Hall, OC, MD**  
Professor Emeriti  
Pediatrics & Medical Genetics  
University of British Columbia  
BC Children's Hospital

**Laura Kastner, PhD**  
Clinical Associate Professor  
Psychiatry & Behavioral Sciences  
University of Washington

---

*In accordance with the ACCME standards and WSMA policy, all faculty members are required to disclose to the program audience any real or apparent conflict(s) of interest related to the contents of their presentation(s).*

---

### FACULTY

**Susan D. Apkon, MD**  
Associate Professor,  
Rehabilitation Medicine  
Director, Rehabilitation Medicine  
University of Washington  
Seattle Children's Hospital

**Cora Collette Breuner, MD, MPH, FAAP**  
Associate Professor, Pediatrics  
University of Washington  
Seattle Children's Hospital

**Jane L. Burns, MD**  
Professor, Pediatrics  
University of Washington  
Seattle Children's Hospital

**Maida L. Chen, MD**  
Assistant Professor, Pediatrics  
University of Washington  
Seattle Children's Hospital

**Michael L. Cunningham, MD, PhD**  
Professor, Pediatrics  
Medical Director,  
Children's Craniofacial Center  
University of Washington  
Seattle Children's Hospital

**Kenneth Feldman, MD**  
Clinical Professor, Pediatrics  
University of Washington  
Seattle Children's Hospital

### ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Elements, Criteria, and Standards of Accreditation of the Washington State Medical Association CME Accreditation Committee through the partnership of Seattle Children's and North Pacific Pediatric Society.

Seattle Children's, a Washington State Medical Association accredited sponsor, designates this educational activity for a maximum of 16 hours in Category I to satisfy the re-licensure of the Washington State Medical Quality Assurance Commission.

Seattle Children's designates this education activity for a maximum of 16 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Douglas S. Hawkins, MD**  
Associate Professor, Pediatrics  
University of Washington  
Seattle Children's Hospital

**Ross M. Hays, MD**  
Medical Director, Pediatric Palliative Care  
Seattle Children's Hospital

**Robert Hilt, MD**  
Assistant Professor, Psychiatry  
University of Washington  
Seattle Children's Hospital

**Thomas M. Jinguji, MD**  
Clinical Assistant Professor  
University of Washington  
Seattle Children's Hospital

**Raj P. Kapur, MD, PhD**  
Professor, Pathology  
University of Washington  
Seattle Children's Hospital

**Suzan Mazor, MD**  
Assistant Professor, Pediatric  
Emergency Medicine, Toxicology  
University of Washington  
Seattle Children's Hospital

**Jack C. Salerno, MD**  
Assistant Professor, Pediatrics  
Director, Electrophysiology  
University of Washington  
Seattle Children's Hospital

**Kathleen C. Y. Sie, MD**  
Professor, Director of Childhood  
Communication Center  
University of Washington  
Seattle Children's Hospital

**Jodi Smith, MD, MPH**  
Assistant Professor, Pediatrics  
Adjunct Assistant Professor,  
Epidemiology  
University of Washington  
Seattle Children's Hospital

**F. Bruder Stapleton,  
MD Professor and Chair**  
Ford/Morgan Endowed Chair  
in Pediatrics  
University of Washington  
Chief Academic Officer  
Senior Vice President  
Seattle Children's Hospital

**Ghassan Wahbeh, MD**  
Assistant Professor, Director,  
Inflammatory Bowel Disease  
Program  
University of Washington  
Seattle Children's Hospital

# North Pacific Pediatric Society | 180th Scientific Conference Schedule

THURSDAY, MARCH 11	
7:00 – 8:30 PM	<b>Welcome Reception – Marriott Seattle Waterfront</b>
FRIDAY, MARCH 12	
6:45 AM	Registration & Continental Breakfast
7:45 AM	<b>Welcome and Opening Remarks</b>
8:00 AM	Top Pediatric Stories for the Present & Future <b>F. Bruder Stapleton MD</b>
8:40 AM	The Red Queen: A History of Infectious Disease <b>Jane L. Burns MD</b>
9:20 AM	An Approach to Child & Adolescent Knee Pain in Primary Care   <b>Thomas M. Jinguji MD</b>
10:00 AM	Coffee Break
10:20 AM	Dwarves, Art & Medical Care   <b>Michael J. Goldberg MD</b>
11:40 AM	<b>Partners &amp; Society Lunch</b>
1:30 PM	Toxicology Update   <b>Suzan Mazor MD</b>
2:10 PM	Decoding Myths in Pediatric Gastroenterology <b>Ghassan Wahbeh MD</b>
2:50 PM	Coffee Break
3:10 PM	Common Problems in Pediatric Nephrology <b>Jodi Smith MD MPH</b>
3:50 PM	Syncopé – I Have Fallen and Can't Get Up <b>Jack C. Salerno MD</b>
5:30 PM	<b>Seattle Restaurant Night</b> – Dining out with your colleagues

## LEARNING OBJECTIVES

At the end of this activity, participants will be able to:

- Recognize the diversity of infectious organisms
- Distinguish the varying presentations of sleep disordered breathing in children
- Diagnose and manage plagiocephaly and craniostynosis
- Develop an approach to evaluation and managing physical child abuse
- Examine how we form our attitudes towards patients
- Analyze the importance of congenital anomalies for understanding biologic principles of the NW Aboriginal peoples
- Manage the components of treatment for rhabdomyosarcoma
- Generate three domains of pediatric palliative care
- Implement a strategy for treatment and management of childhood anxiety and depressive disorders
- Develop a strategy for office diagnosis and initial management of common knee problems in children
- Evaluate the benefits and limitations of molecular genetic studies as they relate to the practice of pediatric pathology
- Integrate the CALM protocol for management of “amygdale hijacks” and the “debrief” strategy for adolescent discipline
- Outline treatment options for common poisonings
- Differentiate between the changing options for medical management of children with deafness
- Evaluate common nephrologic problems in pediatrics
- Analyze recent medical research and the implications to daily practice
- Evaluate guidelines to approaching epigastric pain and emesis in children

SATURDAY, MARCH 13	
7:00 AM	Registration & Continental Breakfast
8:00 AM	Who Cares for Fetal Alcohol Syndrome? <b>Sterling K. Clarren MD FAAP</b>
9:20 AM	Coffee Break
9:40 AM	CPS (Craniostynosis, Plagiocephaly & Soft Spots): What to Look for & When to Refer <b>Michael L Cunningham MD PhD</b>
10:20 AM	Childhood Deafness: The Interface of Medicine & Culture <b>Kathleen C. Y. Sie MD</b>
11:00 AM	Acute Care Issues in Children with Disabilities <b>Susan D. Apkon, MD</b>
11:40 AM	<b>Membership Business Lunch</b>
1:30 PM	Going “Mental” in Primary Care – Case Studies in Child Behavioral Health   <b>Robert Hilt MD</b>
2:10 PM	Don't Let 'em Scare You! Taking Care of Teens Can Be Fun & Rewarding – Updates & Helpful Tips <b>Cora Collette Breuner MD MPH FAAP</b>
2:50 PM	Coffee Break
3:10 PM	A Poetry of Robert Frost: A Pediatric Pathologist's Perspective   <b>Raj P. Kapur MD PhD</b>
3:50 PM	What Children with Rhabdomyosarcoma Have Taught Me <b>Douglas S. Hawkins MD</b>
5:30 PM	<b>Spirits &amp; Society Dinner – Seattle World Trade Center</b> Spirits, Then & Now: Reflections on Those Who Came Before Us   <b>Judith G. Hall, MD</b>

SUNDAY, MARCH 14	
7:00 AM	Registration & Continental Breakfast
8:00 AM	A Magic Pill – Helping Parents Learn About Emotion Management   <b>Laura Kastner PhD</b>
9:20 AM	Coffee Break
9:40 AM	Is It Abuse? How We Can Improve Our Practice Through Case Evaluation   <b>Kenneth Feldman MD</b>
10:20 AM	Pediatric Palliative Care: Lessons from the First Decade <b>Ross M. Hays MD</b>
11:00 AM	Pediatric Sleep Disordered Breathing   <b>Maida L. Chen MD</b>
11:40 AM	<b>Meeting Adjourn</b>

## SOCIAL ACTIVITIES

### OPENING NIGHT RECEPTION

March 11 | 7:00 – 8:30 PM

Greet old acquaintances and meet new ones at the wine & dessert welcome reception Thursday evening at the Seattle Waterfront Marriott. No registration required. Guests are welcome to attend.

### SPIRITS & SOCIETY DINNER

March 12 | 5:30 – 8:30 PM – Seattle World Trade Center

You and your guest are invited to attend a special lecture presented by NPPS alumni, Dr. Judith Hall on *Spirits, Then & Now: Reflections on Those Who Came Before Us*. This evening will feature traditional Pacific Northwest Cuisine as well as CME hours, at no additional cost. Please register for the dinner.

## North Pacific Pediatric Society

2033 Sixth Avenue, Suite 1100  
Seattle, WA 98121



### 180th Scientific Conference

March 12 - 14, 2010

Bell Harbor International Conference Center  
Seattle, Washington

Register online at:

[www.northpacificpediatricsociety.org](http://www.northpacificpediatricsociety.org)

Jointly Sponsored by:



### COURSE LOCATION

Seattle's premier conference center, located on Elliott Bay in  
Downtown Seattle

Bell Harbor International Conference Center  
2211 Alaskan Way • Seattle, WA 98121  
[www.bellharbor.com](http://www.bellharbor.com)

### LODGING RESERVATIONS

A room block has been arranged at Marriott Seattle Waterfront.

Special conference rate: \$152.00

- + Reservations must be made by **February 18, 2010** to qualify.
- + Be sure to ask for the **North Pacific Pediatric Society** room block.

TELEPHONE: 1-800-228-9290 or 206-443-5000

ONLINE: [www.marriott.com](http://www.marriott.com) | group code: NPPNPPA



### WE'VE GONE GREEN

**THE NPPS IS GOING GREEN!** We will be providing meeting attendees with an e-Syllabus in place of a paper syllabus this year. The syllabus will be posted

on our website in advance of the conference. We will also have NPPS reusable water containers instead of disposable plastic water bottles.

### DRIVING DIRECTIONS

#### ■ To Bell Harbor International Conference Center from north of Seattle on I-5 South:

Take Exit 167 (West Mercer Street/Fairview Avenue)

Turn right onto Fairview Avenue

Take the first left onto Valley Street

Stay left; Valley Street merges into Broad Street

Continue on Broad Street to Elliott Avenue, and turn left

Once you pass the Wall Street intersection, park in the Art Institute of Seattle parking garage on your immediate right

#### ■ To Bell Harbor International Conference Center from south of Seattle on I-5 North (coming from Sea-Tac Airport):

Take the Madison Street exit (also called Convention Place exit)

Turn left onto Madison Street

Stay on Madison Street until you come to the waterfront

Turn right on Alaskan Way

You will pass Pier 66 on your left; the next street after the sky bridge is Wall Street

Turn right on Wall Street

Turn right on Elliott Avenue

#### ■ Parking: Parking is not validated

Park in the Art Institute of Seattle parking garage

Take the sky bridge to the Conference Center, World Trade Center Seattle, and Odyssey, the Maritime Discovery Center

- Please note the two parking garage entrances:  
Elliott Avenue and Wall Street •